

LUNCH

COLD STARTERS

- Df Gf JUMBO PRAWN COCKTAIL** 15.5
house cocktail sauce, avocado, cabbage, tomato & lemon
- V MUHAMARRA DIP & OLIVES** 12
red pepper-walnut dip & mixed olives with potato chips & focaccia bread
- V GUACAMOLE, SALSA & CHIPS** 12
guacamole & pico de gallo with crisp tortilla chips

SALADS

- V Df BEACH GREENS** 10 SML | 14 LRG
mixed greens, radish, tomato, carrot, cucumber & pumpkin seeds & black currant vinaigrette
- Gf Df SEAFOOD SALAD** 19
mixed greens, poached jumbo prawn, grilled salmon, scallop & shrimp with ginger-lime vinaigrette
- Gf CORDOVA BAY COBB SALAD** 19
mixed greens, grilled chicken, bacon, avocado, tomato, egg, blue cheese & Dijon vinaigrette
- V WINTER SPINACH SALAD** 15
chèvre, candied pecans, butternut squash & pickled beets, boiled egg & orange poppyseed vinaigrette

ADD:

seared halibut 8	salmon 6
chicken breast 5	bacon 2
prawn duo 8	seared cod 6
avocado half 4	chèvre 3

HOT STARTERS

- CREAMY SEAFOOD CHOWDER** 5 SML | 7.5 MED | 9 LRG
clams, shrimp, fish medley, potato & vegetables
- DAILY SOUP** 4 SML | 6 MED | 8 LRG
please ask about today's creation
- V MEDITERRANEAN FLAT BREAD** 12
pesto, artichoke, tomato, chèvre & Romano cheese, spinach & balsamic drizzle
- COD BITES** 15
house tartar sauce & slaw
- CHICKEN WINGS** 12
choice of: salt & pepper | hot | sesame teriyaki
- CRISPY BUTTERMILK CALAMARI** 15
housemade tzatziki
- Df STEAMED MUSSELS** 14 SML | 18 LRG
Thai coconut OR white wine-garlic with housemade focaccia
- HERBED COD & POTATO CAKES** 16
herb aioli
- FISH TACOS** COD 14 | HALIBUT 17
guacamole, shredded cabbage, pico de gallo & chipotle aioli
- V SPICY CHEESE & CAULIFLOWER DIP** 13
potato chips & tortilla chips

Gf contains no gluten ingredients

Df contains no dairy ingredients

V vegetarian

BURGERS & SANDWICHES

choice of fries, soup or salad

- ½ fries & ½ salad - add \$2 -substitute yam fries - add \$2
-gluten free bun - add \$3

BC HALIBUT BURGER

21

6oz grilled halibut filet, slaw, tomato & housemade tartar

TERIYAKI CHICKEN BURGER

16

grilled breast, lettuce, tomato & roasted garlic aioli

SALMON BURGER

18

wild salmon filet, spinach, slaw & basil aioli

BEACH BURGER

16

house-made beef patty, lettuce, tomato, house relish & roasted garlic aioli

SAANICH LAMB BURGER

18

aged cheddar, house tzatziki, lettuce & pickled beet

ⓧ BH VEGAN WRAP

17

lentil, chickpea & herb mix, avocado, spinach, tomato, pickled beet & red pepper-walnut spread in a flour tortilla

ROAST BEEF DIP

18

roasted garlic aioli, beef jus & horseradish on the side

ADD:

aged cheddar 2

bacon 2

avocado half 4

grilled mushrooms 2

FISH & CHIPS

COD

14 | 19.5

HALIBUT

16.5 | 24.5

JUMBO PRAWNS

15.50 | 22.50

small OR large

- beer batter, fries, coleslaw & tartar sauce

ARTISAN PIZZA

gluten-free pizza crust - ADD \$4

ⓧ MARGHERITA

16.5

tomato sauce, roasted tomato, fresh mozzarella, fresh basil & basil oil drizzle

ⓧ BC MUSHROOM

17

garlic cream sauce, mushrooms, mozzarella, fresh basil & shaved parmesan

ⓧ HARVEST VEGGIE

17

rosé tomato sauce, roasted squash, fresh apple, mozzarella, fresh sage & balsamic reduction

CANADIAN

17

tomato sauce, bacon, pineapple & mozzarella

SPICY FIREBIRD

18

rosé tomato sauce, butter chicken, pineapple, mozzarella & Thai chilli pepper

ITALIAN MEATBALL

18

local pork, rosé tomato sauce, fresh sage, mozzarella & parmesan

FIG & PROSCIUTTO

18.5

garlic cream sauce, fresh mozzarella, Romano cheese, fresh basil & balsamic reduction

MEAT LOVER

19

tomato sauce, chorizo, bacon, pepperoni, capicola & mozzarella

*Items can be prepared without gluten & dairy, however please note our kitchen is not gluten-free & not dairy-free.
Please notify your server of any severe allergies.*