

LUNCH

COLD STARTERS

- GF DF JUMBO PRAWN COCKTAIL** 15.5
house cocktail sauce, avocado, cabbage, tomato & lemon
- V MUHAMARRA DIP & OLIVES** 12
red pepper-walnut dip & mixed olives with potato chips & focaccia bread
- V GUACAMOLE, SALSA & CHIPS** 12
guacamole & pico de gallo with crisp tortilla chips

SALADS

- V DF BEACH GREENS** 10 SML | 14 LRG
mixed greens, radish, tomato, carrot, cucumber, pumpkin seeds & choice of charred lemon vinaigrette OR housemade ranch
- GF DF SEAFOOD SALAD** 19
mixed greens, poached jumbo prawn, grilled salmon, scallop & shrimp with charred lemon vinaigrette
- GF CORDOVA BAY COBB SALAD** 19
mixed greens, grilled chicken, bacon, avocado, tomato, egg, blue cheese & Dijon vinaigrette
- V SPINACH SALAD** 15
chèvre, candied pecans, seasonal berries, red onion, boiled egg & citrus vinaigrette

HOT STARTERS

- CREAMY SEAFOOD CHOWDER** 5 SML | 7.5 MED | 9 LRG
clams, shrimp, fish medley, potato & vegetables
- DAILY SOUP** 4 SML | 6 MED | 8 LRG
please ask about today's creation
- V MEDITERRANEAN FLAT BREAD** 12
pesto, artichoke, tomato, chèvre & Romano cheese, spinach & balsamic drizzle
- CHICKEN WINGS** 12
choice of: salt & pepper | hot | sesame teriyaki
- CRISPY BUTTERMILK CALAMARI** 15
housemade tzatziki
- HERB & LEMON COD CAKES** 16
red pepper, citrus salsa & herb aioli
- ISLAND CRISPY FRIED OYSTERS** 16
housemade tartar & Creole marinara
- V SPICY CHEESE & CAULIFLOWER DIP** 13
potato chips & tortilla chips

GF contains no gluten ingredients
DF contains no dairy ingredients
V vegetarian

ADD:

- | | |
|------------------|----------|
| seared halibut 9 | salmon 7 |
| chicken breast 5 | bacon 3 |
| prawn duo 8 | chèvre 3 |
| avocado half 4 | |

BURGERS & MORE

choice of fries, soup or salad

- ½ fries & ½ salad - add \$2

- substitute yam fries - add \$2

- gluten free bun - add \$3

BC HALIBUT BURGER 21

6oz grilled halibut filet, slaw, tomato & housemade tartar

CHICKEN BURGER 16

grilled breast, lettuce, tomato & herb aioli

SALMON BURGER 18

wild salmon filet, spinach, slaw & herb aioli

BEACH BURGER 16

lettuce, tomato, house relish & herb aioli

ROAST BEEF DIP 18

roasted garlic aioli, beef jus & horseradish on the side

GRILLED FISH TACOS PRAWNS 16 | HALIBUT 18.5

guacamole, shredded cabbage, pico de gallo & chipotle aioli

☑ VEGAN CRISPY CAULIFLOWER TACOS 15

guacamole, shredded cabbage, mango citrus salsa

ADD:

aged cheddar 2

bacon 3

avocado half 4

grilled mushrooms 2

FISH & CHIPS

COD 14 | 20

SALMON 16 | 24

JUMBO PRAWNS 16 | 24

HALIBUT 18.5 | 26

small OR large

- beer batter, fries, coleslaw & tartar sauce

ARTISAN PIZZA

gluten-free pizza crust - ADD \$4

☑ MARGHERITA 16.5

tomato sauce, roasted tomato, fresh mozzarella, fresh basil & basil oil drizzle

☑ BC MUSHROOM 17

garlic cream sauce, mushrooms, mozzarella, fresh basil & shaved parmesan

CANADIAN 17

tomato sauce, bacon, pineapple & mozzarella

☑ VEGGIE LOVER 17

tomato sauce, mozzarella, roasted tomato, mushrooms, red onions, spinach & mozzarella

FIG & PROSCIUTTO 18.5

garlic cream sauce, fresh mozzarella, Romano cheese, fresh basil & balsamic reduction

MEAT LOVER 19

tomato sauce, chorizo, bacon, pepperoni, capicola & mozzarella

POLLO PIZZA 18

garlic cream sauce, sliced chicken, basil, mushroom, red onion & mozzarella

Items can be prepared without gluten & dairy, however please note our kitchen is not gluten-free & not dairy-free. Please notify your server of any severe allergies.